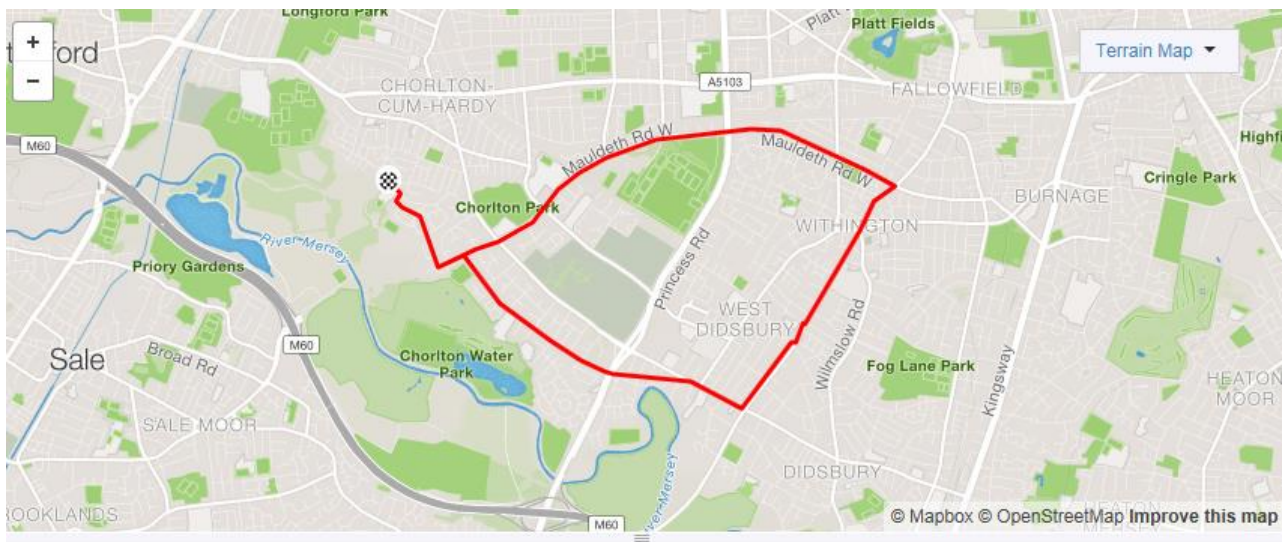


BG to Withington Loop
<https://www.strava.com/routes/11172631>

Created / Reviewed	4 December 2017	Next Review	March 2018 (TBC)
Course Overview			
Distance	6.40 miles	Complexity	Simple / Medium / Complex
Season Suitability	Summer / Winter / All	Street Lighting	None / Dim / Bright
Pavement Width	Narrow / Standard / Wide	Major Junctions	None / One - Two / Many
Pedestrian Population	Heavy / Average / Light / Varied * * Please specify	Street Hazards / Furniture	May be: Bins / Tree Roots / Street Cabinets / Other * * Please specify



Course Description		Hazards	Mitigations
Distance	Key Features		Location
0	Exit left out of Bowling Green along St Clements Rd		
0.1	Take first right on to Brookburn Rd		
0.1	Take first left on to West Meade and continue across roundabout on to South Meade		
0.3	At T junction at end of South Meade continue through the ginnel opposite	Narrow passage with horse style	Single file

Course Description		Hazards	Mitigations
0.3	Continue down Hurstville Road	Tree roots	Warn runners
0.5	Turn left on to Hardy Lane	Tram lines to cross	Take extra precaution to look for trams
0.6	Turn right on to Darley Avenue and continue to Princess Parkway		
1.5	Cross Princess Parkway and continue straight on Darley Avenue to the end	Major junction	Use pedestrian crossing
1.9	Turn right on to Barlow Moor Road and continue to crossroads		
2.2	Cross Barlow Moor Rd at junction to continue left onto Palatine Rd. Continue straight down Palatine Road to Sainsburys Local	Major junction Overhanging branches	Use pedestrian crossing Single file where required
3.2	Cross Burton Road and continue straight down Palatine Road to Muldeth Road		
3.5	Turn left on Muldeth Road W and continue to Princess Road	Tree roots and low lighting beneath trees	Warn group
4.3	Cross Princess Road and continue straight to Barlow Moor Road cross roads	Major junction without pedestrian crossing	Take extra care. Keep group together, ensuring all are focused on the junction
5.6	Cross Barlow Moor Rd and continue straight on to Hardy Lane	Major crossing	Use pedestrian crossing
5.9	Turn right on to Hurstville Road and continue through ginnel at end onto South Meade	Narrow passage with horse style	Single file
6.1	Exit roundabout onto West Meade and continue to end		
6.3	Turn right on to Brookburn Road		
6.3	Turn left on to St Clements Rd		
6.4	Arrive at Bowling Green and cool down / stretch		

Course Comments
<p><i>Enter details / updates re known temporary hazards / reported incidents etc</i></p> <p>There are numerous small roads, as well as a number of major junctions to cross. Ensure participants are reminded to take care at junctions and not to presume safe to cross just as group has proceeded.</p>